

RAMED Library--DVD and Video Materials

Catalogue Number	Format	Title	Artist/Creator	Producer/Distributor	Copyright Date	ISBN	Genre	Description
V1	DVD	First Awards of Belly Dance, The	Various	The International Academy of Middle Eastern Dance (IAMED)		1-932541-44-6	Performance	(www.bellydance.org): Re-mastered and re-edited, this video features 2 hours of dynamic belly dance performances, including IAMED Award Winners Cassandra, Amaya and Alexandra King, with additional performances by Marguerite and Dondi. Shot live at The Los Angeles Theater Center. Truly a classic! Featuring Performances by: Alexandra King, Amaya, Cassandra, Jamilla Al Wahid, Marzue, Orchids of the East, Sapphira, SeSe, and live music by Desert Wind
V2	DVD	Second Awards of Belly Dance, The	Various	The International Academy of Middle Eastern Dance (IAMED)		1-932541-45-9	Performance	(www.bellydance.org): Featuring Performances by: Angelika & Her Dance Ensemble, Atlantis, Delilah, Dondi, Eva Cernik, Jillina, Katia, Margo Abdo O'Dell, Mesmera, Zahrah Video includes 2 hours of fabulous belly dancing performances. Highlights include a sword dance by the master of the sword - Zahrah, a solo performance by Jillina, veil performance by Katia, a Persian dance by Angelika's Ensemble, Turkish cabaret belly dance by Eva Cernik and an award winning performance by Delilah to the live music of John, Var and Ishmael. Video taped in front of a live audience at CSUN.
V3	DVD	Third Awards of Belly Dance, The	Various	The International Academy of Middle Eastern Dance (IAMED)		1-932541-51-9	Performance	(www.bellydance.org): Featuring Performances by: Amaya, Aziza, Jasmin Jahal, Jillina & the Sahlala Dancers, Marguerite, Sahra, Shahrazad, Suzanna Del Vecchio, Titanya & Dondi, Ultra Gypsy Video features 2 hours of belly dancing. Include super performances by Amaya, Aziza, Suzanna Del Vecchio, Sahra, Tribal Style by Ultra Gypsy, Superstar of Belly Dance Jillina with the Sahlala Dancers, and 2 theatrical dance performances by Shahrazad of Germany.
V4	DVD	Fourth Awards of Belly Dance, The	Various	The International Academy of Middle Eastern Dance (IAMED)		1-932541-50-0	Performance	(www.bellydance.org): Featuring Performances by: Alexandra King, Fahtiem, FatChanceBellyDance, Hadia, Hayat El Helwa, Jillina and the Sahlala Dancers, Jindra, Laurel Victoria Gray, Sese and the Cairoettes, Shoshanna, Tamalyn Dallat, Zahra Zuhair This video features 2 hours of terrific belly dancing. Highlights include Hayat El Helwa from Brazil, Tamalyn Dallal's dance of the seven veils, Jindra's ballet/modern Egyptian fusion dance, the creative choreography of SeSe and The Cairoettes, improvised troupe performance by the originators of American Tribal Style (ATS) - Fat Chance Belly Dance, plus the ever popular Jillina and The Sahlala Dancers
V5	DVD	Fifth Awards of Belly Dance, The	Various	The International Academy of Middle Eastern Dance (IAMED)		1-932541-39-X	Performance	(www.bellydance.org): Featuring Performances by: Ansuya, Azar, Elizabeth Artemis Mourat, Jillina & The Sahlala Dancers, Judeen, Katia, Laila & Adam Del Monte, Leyla Jouvana & Roland, Sabura, Sakti Video features 2 hours of wonderful belly dancing, including Leyla Jouvana - The Shimmy Queen, a fiery flamenco performance by Laila Del Monte, Superstar of Bellydance Ansuya, and a dynamic Pharonic performance by Katia. Shot live at the Performing Arts Center at California State University in Northridge.
V6	DVD	Sixth Awards of Belly Dance, The	Various	The International Academy of Middle Eastern Dance (IAMED)		1-932541-07-01	Performance	(www.bellydance.org): 2 Hours of Wonderful Belly Dancing Performances by Autumn Ward, Aziza, Bahaia, Hayat El Helwa, Jacqueline Eusanio, Jasmin Jahal, Meera, Sahra, SeSe Dance Theater, Shareen El Safy, Ya Amar! Dance Company, Zahra Zuhair This excellent show video includes 2 performances by Zahra Zuhair, both an Orientale performance and a Tunisian dance, East Indian dance by Meera, American cabaret belly dance performance by Jacqueline Eusanio, Nubian dance company number by Ya Amar, Melaya Luf by Sahra, a beautiful performance by Hayat El Helwa of Brazil, modern Egyptian style dances by Autumn Ward of New York, Jasmin Jahal of Chicago and Shareen El Safy, editor of Habibi Magazine, exceptional choreography by SeSe's Dance Theater, and classic silver screen Egyptian by Bahaia of Texas. The show ends with a dynamic performance by Aziza which includes a drum solo with Amir Sofi. Also included are highlights of the awards ceremony.
V7	DVD	Belly Dance With Nath Keo: Combination Steps	Nath Keo	Nath Keo	2006	n/a	Instructional	
V8	DVD	Belly Dance With Nath Keo: Combination Steps 2	Nath Keo	Nath Keo	2007	n/a	Instructional	

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V9	DVD	Tribal Basics Volume 1: Dance Fundamentals	Fat Chance Belly Dance	Fat Chance Belly Dance	1999	n/a	Instructional	<p>Imagine this: there was a time in history, a long time ago, when the bounce and sway of a woman's hips was considered so beautiful that they set it to music and made a dance out of it...</p> <p>American Tribal Style Bellydance is largely improvisational, using simple steps and gestures in a repetitive fashion, building on the music and the interaction between the dancers. Tribal Style is elegant and graceful, celebrating the strength and beauty of the female form, regardless of age and size.</p> <p>In this workshop: Posture and it's direct relation to movement, simple stretches, a moving meditation. A breakdown and drill each of the slow movements; the Figure 8 Taxeem, Ribcage and Torso isolation, Bodywaves, Bellyrolls, and Arms. The fast movements; the basic Shimmy, Egyptian, Arabic, Pivot Bump and Choo-Choo. A follow-along review of all movements and steps using simple combinations and transitions, and special performance by FatChance.</p> <p>With musical selections from Tribal Dances Tribal Drums, Sirocco Vol. 1, Drumsongs and Rhythm of the Dance, Volume One is suitable for beginners as well as the intermediate or advanced dancer looking for a review. Teachers will find it an excellent tool for introducing Tribal. It is the equivalent of the eightweek Basics course created and taught by Carolena and FCBD® in the San Francisco Bay Area.</p>
V10	DVD	Tribal Basics Volume 2: Make-Up and Costume	Fat Chance Belly Dance	Fat Chance Belly Dance	1994	n/a	Instructional	<p>Make-up and costume are magic and transformation. Through out history, women have used this art to both create and enhance the aura of natural beauty. The basic elements of stage makeup, contem-porary and traditional costuming techniques and the wisdom of folklore are reflected in our distinctive style.</p>
V12	DVD	San Francisco Beledi: Inside the Making of a Show	Various	Fat Chance Belly Dance	1999	n/a	Documentary	<p>Come behind the scenes with FatChanceBellyDance® as we prepare for San Francisco Beledi, live at the Victoria Theater 2002. San Francisco Beledi chronicles the alchemical mix of rehearsals, planning meetings, costume fittings and the inevitable set backs that magically transform into theater. Featuring interviews and candid conversations about the history and philosophy of Tribal Style Bellydance...and find out how we got our name! Enjoy a full dance performance featuring live music by Helm and recorded music by Hamza El Din, Faruk Tekbilek and Mahmoud Fadl.</p>
V13	DVD	Tattooed One	Various	Fat Chance Belly Dance	1992	n/a	Performance	<p>This first performance video by FCBD®, produced in 1992, is a now a classic. A kaleidoscope of inspiration featuring an elaborate set, skilled musicians (including Susu Pampanin and Nancy Hall), adorned audience members and six of the original members of FatChanceBellyDance®.</p>
V14	DVD	Gypsy Fire: Part One, Spanish/ Arabic Gypsy Dance	Amaya	Amaya Productions	1998	0-9720623-7-8	Documentary/Performance	<p>Includes documentary footage, performance, and movement instruction.</p>
V15	DVD	Gypsy Fire: Part Two, Gitano/ Arabe Gypsy Dance	Amaya	Amaya Productions	1998	0-9720623-7-8	Documentary/Performance	<p>Includes documentary footage, performance, and movement instruction.</p>
V16	DVD	Turkish Style Belly Dance	Elizabeth Artemis Mourat	The International Academy of Middle Eastern Dance (IAMED)		1-932541-46-9	Instructional	<p>Turkish Style Oriental Dance is energetic, joyous, assertive, passionate, and spontaneous. It is characterized by aggressive hip movements, complex pelvic articulations, exciting zills, powerful drum solos, sensuous taqsim, fun stomach play, extended veil work, and a wide array of mysterious gestures.</p> <p>Learn this fun and exciting style of belly dance with expert dancer and historian, Elizabeth Artemis Mourat! First Artemis teaches a brief history of Turkish Style Belly Dance, including contributions of the Turkish Romany people, and describes how it is distinguished from Egyptian Raqs Sharki.</p> <p>Artemis explains the slow and fast Romany 9/8 rhythms used in Turkish Oriental Dance, and the difference between the Romany 9/8 and the Cabaret Karsilama. She demonstrates how the rhythms are used in Turkish Oriental Dance.</p> <p>She then teaches the Turkish Oriental technique of isolations, articulations, turns, and steps typical to this dance, with complete breakdown and demonstration. She also teaches hand gestures unique to Turkish Oriental Dance which are a direct inheritance from its Romany roots.</p> <p>In the last section, Artemis puts it all together into both slow and fast combinations you can use in your own Turkish Style belly dancing.</p>
V17	DVD	Mesmera's Garden: Exotic Bellydance Technique	Mesmera	Red Magic Productions	1998		Instructional	<p>Welcome to "Mesmera's Garden of Exotic Bellydance Technique," a fertile source of creativity designed to cultivate technique and variety in your dance.</p>

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V18	DVD	The Romany Trail Part One: Gypsy Music into Africa	Beats of the Heart (Series)	Shanachie Entertainment Corp.	1981/2002		Documentary	Gypsy Music Into Africa This one hour documentary is the closest thing to custom made history of our dance that we've ever seen. Though not exclusively about bellydance, it takes a detailed look at the historical travels of the gypsies, their music and culture from India, through Egypt and up into Spain. Featuring an interview with Yusef Maazin, footage of the Banat Maazin and Metqal Qenawi as well as fortune tellers, acrobats, Flamenco dancers and tattooists!
V19	DVD	The Romany Trail Part Two: Gypsy Music into Europe	Beats of the Heart (Series)	Shanachie Entertainment Corp.	1981/2002		Documentary	Gypsy Music into Europe The natural companion to Part 1, this tape follows the gypsies from India up into the European countries. Bear trainers, puppeteers, actors and musicians ply their trade. 60 minutes (narration).
V20	DVD	Tribe	n/a	Midnight Oil	2007		Fiction	A locally produced film about one dancer's personal connection with Tribal style belly dance. Features RAMED members!
V21	DVD	Hollywood Babylon	Various	The International Academy of Middle Eastern Dance (IAMED)		1-932541-33-0	Performance	Two hours of belly dance performances by some of today's finest belly dancers. This spectacular show captures the romance of Hollywood's yesteryears, combined with a wonderful variety of belly dance styles. Featuring Performances by: Anaheed, Rana, Anisa's Orientale Beledi Troupe, Marula, Brandi, Dondi, Jillina and the Sahlala Dancers, Marguerite, Leyla & Saharan Silk, Farhana - Princess of Hollywood, The Tut Sisters, Mesmera. Highlights include: The Tut Sisters performing a Mummy dance, a trance dance by Brandi, Rania performing with Isis wings, a great solo by Jillina and two performances by Sahlala.. and best of all... Dondi as Marilyn Monroe. Mesmera, Anaheed, Marula, Marguerite, Farhana dance to live music by Al Kimie. Shot live at Burbank Center Stage Theater.
V22	DVD	Shamadan: Egyptian Wedding Dance	Faten Salama				Instructional	Faten Salama, as a soloist and choreographer for the Egyptian National Folk Troupe, has entertained heads of state, ambassadors, and royalty across the globe. In this instructional video she teaches the basic steps of the beautiful Shamadan dance performed at Egyptian weddings. Along with her students, Faten shows how to balance the candelabra and demonstrates a full choreography for the dance.
V23	DVD	Faten Salama: Instructional Oriental & Cane	Faten Salama		2005		Instructional; Performance	Internationally renowned native Egyptian dancer and teacher, Faten Salama, performs her unique choreography to "Aly Loz" then shows you step-by-step her special oriental and cane dance techniques.
V24	DVD	How to Play Finger Cymbals	Mesmera	Saroyan Productions	2004		Instructional	Harry Saroyan, maker of exquisitely designed, quality finger cymbals, presents internationally known instructor/performer Mesmera in "How to Play Finger Cymbals". Live drumming is featured as you practice and learn simple techniques for a wide variety of patterns for popular Bellydance music.
V25	DVD	Belly Dance Spectacular-Live in Hollywood	Various	The International Academy of Middle Eastern Dance (IAMED)		1-932541-35-7	Performance	Two hours of belly dance performances. Starring Aziza, Dalia Carella, Jillina & The Sahlala Dancers, FatChanceBellyDance, Ava Fleming, Katia, Sa'Elayssa, Ya Amar!, Paulina, Anaheed, Louchia, Mesmera's Sacred Serpent, Dangerous Curves Dance Company
V26	DVD	Alma de Amaya!: Soul of Amaya	Amaya	Amaya Productions		0-9720623-0-0	Instructional; Performance	Egyptian, Arabic Turkish, Spanish combinations for Middle Eastern Dance. With a special performance by Amaya.
V27	DVD	Instructional Bellydance With Jillina: Level 3	Jillina	Bellydance Superstars	2003		Instructional	Learn advanced Bellydance to an upbeat dance song by Hakim. This DVD will teach an energetic Bellydance style that combines heavy, earthy movements with quick and sharp changes. Chapters include: Stretching, Techniques, Instruction, Performance, and Dance Moves
V28	DVD	Ultimate Combinations 2	Various	The International Academy of Middle Eastern Dance (IAMED)		1-932541-40-3	Instructional	Aziza, Amaya, Fahtiem, Elizabeth Artemis Mourat, Celeste, Anaheed, Amara, Ava Fleming, Sadie No matter what your style or level of dancing, whether you choreograph or improvise, you can use these combinations to expand your belly dancing vocabulary in fun and exciting ways! Lots of variety and lots of technique for standing, traveling, veil and shimmy combinations are included. Each teacher clearly explains and completely breaks down her favorite combinations with follow-along repetitions so you can make the combination your own.

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V29	DVD	Luscious Layers with Ansuya	Ansuya	The International Academy of Middle Eastern Dance (IAMED)		1-932541-60-8	Instructional	<p>Layering movements on each other to create exciting new combinations adds fun and interest to Belly Dancing. A good Belly Dancer's layers are so smooth they seem like just one movement, but it's not easy to look so effortless!</p> <p>On this how to belly dance video Super Star Ansuya teaches you to combine movements to create Luscious Layers, with detailed breakdown and demonstration of the techniques necessary to isolate and layer movements. After explaining it all, she will lead you through fun follow-along practice sessions with music for each combination. Soon you will be layering Chest Circles, Hip Circles, Figure 8s, Undulations, and all sorts of hand and arm movements including Forward Snake Arms, Finger Ripples, and Big Figure 8 Arms, and more.</p> <p>Layering Freezes</p> <p>To add even more spice to your dancing, Ansuya shows you how to add a Freeze to each movement with a complete explanation and demonstration of Layering Freezes!</p> <p>Luscious Layers Drills</p> <p>The DVD includes two fun drills. With Ansuya's Luscious Layers Drill you will perfect your own Luscious Layers, and her Freeze Drill will make your Layers hot!</p>
V30	DVD	Smooth as Silk Veil with Katia	Katia	The International Academy of Middle Eastern Dance (IAMED)		1-932541-53-5	Instructional	<p>On this DVD Katia shares her secrets for dancing with a large silk veil. Katia starts by demonstrating how to hold the veil to get the best effect. Then she'll show you how to let air and fabric do the work to make your silk veil Float, Flutter, Soar, Billow, and Swell. You'll learn to create beautiful Butterfly Wings and the secret of Aerial, Opposition, and Dragging Pulses.</p>
V31	DVD	Sizzlin' Hips with Ava Fleming	Ava Fleming	The International Academy of Middle Eastern Dance (IAMED)			Instructional	<p>Ava Fleming shows you how to make your hips do exactly what you want them to. Moving the hips in isolation from - or in coordination with - the ribcage is the essence of Raqs Sharki. Your hips can move soft and slow, or fast and sharp... but there's more to it than that! The technique a dancer uses to move her body affects how her audience will feel her dancing.</p> <p>Ava Fleming's signature style is based on relaxation within muscular and skeletal isolations, and weight distribution. All that requires understanding exactly how each movement is created. So Ava teaches muscle identification, with exercises to help you connect to the specific muscles you will use. It also requires correct posture, so Ava gives special emphasis to proper body placement to achieve the desired affects safely and gracefully.</p> <p>To help you use different "motivators" to create the same movement with different effects, Ava explains and demonstrates: * internal (muscular) and external (skeletal) movement * continuous versus abrupt movement * "gross" and "small" motivators * engaged versus relaxed placement</p> <p>Ava breaks down how to execute many popular belly dance hip movements using various motivator techniques - it's the same move but with very different effects! Ava includes fun combinations and plenty of drilling so you'll really feel why an "internal" hip drop looks very different from an "external" hip drop.</p> <p>More than just technique, by giving you greater awareness of how you dance, Ava's movement theory will increase your dance vocabulary, add juiciness to your fluid curves, and crisp precision to your accents. You'll discover and create more intricate layers in your dance, so you- and your audience - will enjoy your dancing even more!</p>

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V32	DVD	Sizzlin' Torso with Ava Fleming	Ava Fleming	The International Academy of Middle Eastern Dance (IAMED)		1-932541-54-3	Instructional	<p>Ava Fleming shows you how to make your ribs do exactly what you want them to. Moving the ribcage in isolation from - or in coordination with - the hips is the essence of Raqs Sharki. Ribs can move soft and slow, or fast and sharp... but there's more to it than that! The technique a dancer uses to move her body affects how her audience will feel her dancing. Ava Fleming's signature style is based on relaxation within muscular and skeletal isolations, and weight distribution. All that requires understanding exactly how each movement is created. So Ava teaches muscle identification, with exercises to help you connect to the specific muscles you will use. It also requires correct posture, so Ava gives special emphasis to proper body placement to achieve the desired affects safely and gracefully. To help you use different "motivators" to create the same movement with different effects, Ava explains and demonstrates: * internal (muscular) and external (skeletal) movement * continuous versus abrupt movement * "gross" and "small" motivators * engaged versus relaxed placement</p> <p>Ava breaks down how to execute many popular belly dance upper body movements using various motivator techniques - it's the same move but with very different effects! Ava includes fun combinations and plenty of drilling so you'll really feel why an "internal" rib slide looks very different from an "external" rib slide.</p> <p>More than just technique, by giving you greater awareness of how you dance, Ava's movement theory will increase your dance vocabulary, add juiciness to your fluid curves, and crisp precision to your accents. You'll discover and create more intricate layers in your dance, so you- and your audience - will enjoy your dancing even more!</p>
V35	DVD	Suzy Learn to Bellydance Raqs Sharki Vol. 3	Suzy	Shimmy Dance Productions	2005		Instructional	<p>Once you've learned the basic movements and steps, you need to learn how to take those steps and move with them. In this video, you will learn to incorporate travelling steps, floating, spinning, rib sways and hip variations to enhance the skills you have already learned in volumes 1 and 2.</p>
V37a-d	DVD	Ultimate Oriental Bellydance System	Hadia				Instructional	<p>Disc 1: Based on medically-proven therapeutic exercise principles, Hadia's revolutionary warm up routine guarantees a safe and stress-free start to your dancing session. A dynamic combination of gentle and energetic exercises transform themselves into basic bellydnace moves that have you dancing before you know it! Be sure to begin every dance session with your favorites. Also includes Hadia's 10-point alignment check, which guarantees enhanced body awareness grace and effortless dancing.</p> <p>Disc 2: Takes you through easy to follow basic level steps and technique, moves you into a series of combinations and sequences, and has you dancing an entire irresistible and fun Shaabi-style Egyptian choreography in no time at all!</p> <p>Disc 3: When you are ready for more, this disc will challenge you with more complex intermediate techniques, combinations, and sequences that once again culminate in a joyful and exuberant choreography to Hakim's Telakik.</p> <p>Disc 4: Begins with Hadia's quick warmup for the days when there's not enough time for everthing. This is followed by Hadia's easy-flow cool down based on her favorite yoga, Pilates, and jazz exercises that help you to mobilize the life back into your muscles and joints while you stretch and strengthen your way back into ideal muscle balance.</p>
V38	DVD	Basic Beginner Bellydance	Rahma Haddad	Tabla Productions	2003		Instructional	<p>Includes warm-up, 2 performances, 6 easy to follow lessons.</p>
V39	DVD	Raqs Araby-Bellydancing	Rahma Haddad	Tabla Productions	2003		Performance	
V40	DVD	Oriental Fantasy: Saidi, Raks El Assaya	Horacio Cifuentes	Oriental Fantasy Showproductions			Instructional; Performance	<p>The cane dance, or Raks El Assaya, finds its birth in Upper egypt and was originally a form of male martial arts performed with large bamboo sticks which eventually developed into a folkloric dance. The women, using a smaller cane, and making fun of the men with their light, coquettish movement, created their own version of the dance.</p>
V41	DVD	On Fire!	Various	Hollywood Music Centre	2004		Performance	<p>Through graceful movements and intriguing rhythms, bellydance captivates the hearts of millions around the world. Performers Include: Ansuya, Jillina, Tamra-henna, Rania, and Aziza.</p>
V42	DVD	Fire at the IAO & A Retro Choreography	Various	Visionary Dance Productions	2001		Instructional; Performance	<p>Live concert performance featuring bellydance and flamenco by Delilah, Nikki Conti, Sulyman El Coyote, and Sirocco. With an instructional choreography inspired by the performance footage.</p>
V43	DVD	Hot Combinations with Ansuya	Ansuya	The International Academy of Middle Eastern Dance (IAMED)		0-9728294-0-0	Instructional	<p>Ansuya describes and demonstrates each combination, then teaches a complete breakdown of the technique, with plenty of repetition. Then Ansuya leads you through a dance drill using the combinations to practice transitions from combination to another. By the time you're done, you will be able to use the combinations in your own belly dance choreographies or improvisations.</p>

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V44	DVD	All New Hot Belly Dance Combinations with Ansuya	Ansuya	The International Academy of Middle Eastern Dance (IAMED)			Instructional	Enjoy friendly, clear and easy to follow instruction of six all-new combinations as Ansuya breaks down, demonstrates and shows each combo from all angles! Watch Ansuya put these combos to use in a live, improvised performance with special guest drummer, Oz Ashkenazi.
V46	DVD	Exciting Entrances and Exits with Dondi	Dondi	The International Academy of Middle Eastern Dance (IAMED)			Instructional	Everyone knows, you only have one chance to make a first impression so you better get it right! In this video, Dondi teaches you how to make exciting and beautiful entrances to grab your audience's attention. And because you always want to leave a good impression behind, Dondi shows how to gracefully end your performance and exit the stage. In this belly dance video Dondi demonstrates and completely breaks down the movements and combinations used in each entrance and exit, including a demonstration of each entrance and exit in full costume so you can see it in action. She also discusses how to match the appropriate entrance to your venue and music. Dondi's Exciting Entrances and Exits include: - The Classic Egyptian - The Oriental Delight - American Style - The Mystery Dancer
V50	DVD	Doumbek Technique and Rhythms	Amir Naoum	WorldDance New York			Instructional	Instructional DVD on Arabic percussion, includes popular bellydance rhythms.
V51	DVD	Tribal Basics Volume 3: Zils	Fat Chance Belly Dance	Fat Chance Belly Dance			Instructional	Zils, or Finger Cymbals are an exciting element to add to the dance, but they can be difficult to master. The key to success is repetition without stress. Join Carolena for a workshop that will explain: Which zils are best for you Yin and Yang-the ergonomics of playing your zils Feeling the pulse of the music Playing three basic patterns
V52	DVD	Tribal Basics Volume 4: Advanced Workshop	Fat Chance Belly Dance	Fat Chance Belly Dance			Instructional	Hand Floreos; Up2 Down3; Flutter; Reach and Sit; Head Slides; Choo-choo Singles; Levels; Choo-choo; Doubles; Reverse Taxeem; Choo-choo Arc; Deep Bodywave; Layering; Turkish Shimmy; Camelwalk; Shoulder Shimmy; Circle Step; Egyptian Half Turn; Torso Twist; Arabic 1-2-3; Propeller Turn; Arabic Hip Twist; Corkscrew Turn
V54	DVD	Tribal Basics Volume 6: Improvisational Choreography	Fat Chance Belly Dance	Fat Chance Belly Dance			Instructional	Introducing the FCBD method for developing successful stage presentation. With clear instruction from Carolena, you'll prepare with stretches, posture review and a moving meditation. Group demonstration by FCBD, several exciting classroom drills using the steps from Vol. 1 Fundamentals of Dance, Vol. 4 Advanced Workshop and Vol. 5 Cues & Transitions. Plus a special performance using everything presented here. Create your own Tribal Choreography!
V56	DVD	Aziza Raks!	Aziza					
V57	DVD	Veil with Aziza	Aziza	The International Academy of Middle Eastern Dance (IAMED)			Instructional; Performance	Introductions and Concepts for Veil Dancing In this belly dance video Aziza introduces rhythms that lend themselves to veil dancing and discusses how to match your movements to the music. Aziza explains how the fabric type, size, and shape of your veil will affect how it moves and shows how to dance with different kinds of veils. Aziza demonstrates how to make your veil your partner when you dance, using concepts such as your veil is extension of your body, catching air, invisible shield, and "keeping your pencil on the paper." Technique and Combinations Aziza teaches many veil movements, clearly explaining and demonstrating the technique required to make your veil behave beautifully. She shows you how to use hand positions, arm patterns, weight changes, and body alignment to get your veil to do what you want it to do, and how to use the air and the space around you to get the most out of your veil.
V58	DVD	Android Goddess: Tribal Fusion Belly Dance	Fayzah	WorldDance New York	2010		Instructional	Tribal fusion robotic movement, waving and popping styles.
V59	DVD	Body Language of Belly Dance	Neon	WorldDance New York	2011		Instructional	A movement catalogue, collecting body language phrases by theme and emotion.
V60	DVD	Tribal Basics Volume 7: Creative Steps and Combinations	FCBD	Fat Chance Belly Dance			Instructional; performance	
V61	DVD	Tribal Basics Volume 8: Floorwork	FCBD	Fat Chance Belly Dance			Instructional; performance	

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V62 a-b	DVD	Tribal Basics Volume 9:Anatomy of a Step (2 disc set)	FCBD	Fat Chance Belly Dance			Instructional; performance	
V63	DVD	Bellydance with Jillina Vol 1: Enterance Choreography	Jillina	Bellydance Superstars	2008		Instructional; performance	One of a three dvd set forming a complete performance routine.
V64	DVD	Bellydance with Jillina Vol 2: Lebanese Pop Choreography	Jillina	Bellydance Superstars	2008		Instructional; performance	One of a three dvd set forming a complete performance routine.
V65	DVD	Bellydance with Jillina Vol 3: Drum Solo Choreography	Jillina	Bellydance Superstars	2008		Instructional; performance	One of a three dvd set forming a complete performance routine.
V66 a-b	DVD	Belly Dance: Egyptian Style The Baladi	Ranya Renee	WorldDance New York			Instructional; performance	Disk 1: Baladi Structure and Core Egyptian Technique, Disk 2: Improvisational Practice Drills
V67	DVD	Meaning in Movement: Dancing with Musicality, Texture, and Nuance	Alimah	Cheeky Girls Productions	2010		Instructional; performance	Focus on musicality, creativity in movement vocabulary; includes visualization techniques, combinations and choreography
V68	DVD	Ballet For Belly Dancers	Brianna	Cheeky Girls Productions	2009		Instructional; performance	Ballet-based technique and drills for belly dance.
V69	DVD	Ali: A Tribal Fusion Choreography	Sahira	Calico Digital Media			Choreography	Spanish-infused tribal fusion choreography with skirt work; includes improvisation instruction with skirt
V70	DVD	Hadia Ultimate Oriental Belly Dance System: Red Hot Drum Solo	Hadia				Choreography	Drum solo
V71	DVD	Hadia: The Ancient Art of Belly Dance	Hadia				Performance	Includes Raqs Sharki, Shaabi, Milaya Lef, and Raks Shamadan
V72	DVD	Tito: Oriental Show	Tito				Performance	
V73	DVD	Dance With Denise Enan	Denise Enan				unknown	One of three: green dress/cane on cover
V74	DVD	Dance With Denise Enan	Denise Enan				unknown	One of three: head/torso shot on cover
V75	DVD	Dance With Denise Enan	Denise Enan				unknown	One of three: tribal print on cover
V76	DVD	Bellydance Fitness for Beginners	Veena and Neena	Natural Journeys	2001		Fitness	
V77	VHS	Arabesque Dance Company Demo Tape of Traditional Repertoire and Descent of Ishtar	Arabesque Dance Company	Arabesque Dance Company			Performance	
V78	VHS	Delilah's Costume Workshop vol.2	Delilah	Visionary Dance Productions	1990		Performance; Instructional	Delilah dances with ten veils; the insides and outsides of bras and belts. Laurel Victoria Gray thrills with stories of Lekstani dancing cats and unveils the truth of the History of Women and the Veil; demonstration of ways to wrap and dance off your veil; fashion show; bazaar.
	VHS	Seraglio						
V79	VHS	They're Dancing as Fast as They Can : 1999 Calgary Benefit Show			1999			
V80	DVD	Shiver & Shimmy 2012 : A midwinter bellydance recital : The Sun, the Moon, and the Dancer	Azura & Raks Azhar	Azura	2012		Performance	
V81	DVD/Blu-Ray	Azura & The Raks Azhar Dancers Present: Shiver & Shimmy : A Belly Dance Show	Azura & Raks Azhar	Azura	2014		Performance	3 discs--2 DVD and 1 blu-Ray
V82	DVD	The Magic of Bellydance with Superstar Ansuya	Ansuya	Ansuya Productions	2007		Instructional	Let me show you how to transform yourself into a beautiful bellydancing goddess! If you are a woman of any dance level, age, body type or background then you are ready for this DVD! All women of all levels welcome! In this DVD I will teach you how to set an exotic mood in your home, enjoy a mystical bath, apply mesmerizing make up, create a dazzling costume and perform a sensual dance routine! Thousands of women like you are enjoying the benefits of this ancient art that has become a modern trend. Let me show you how to put the magic back into your home, body and spirit with The Magic of Bellydance!--Ansuya
V83	DVD	The Heartbeat of Belly Dance : rhythms & dance combinations for drum solos : with Jenna & Raquy	Jenna & Raquy	WorldDance New York			Instructional	Rhythm workshop: Raquy breaks apart eight popular bellydance rhythms: baladi, saidi, maksoum, masmoudi, ciftelli, malfouf, ayub & semai. Then Jenna demonstrates effective dance combinations for each. Jenna also demonstrates the unique art of drum solo improvisation. Choreography workshop: Jenna takes you step-by-step through three bellydance drum solo choreographies: beginner, intermediate, and advanced. The DVD also contains a warmup sequence and Jenna's famous shimmy drills, the Shimmy Layering drill, and her 3/4 Shimmy Drill.
V84	DVD	I Love Turkish Belly Dance! With Sarah Skinner	Sarah Skinner	WorldDance New York			Instructional	Join Sarah Skinner, a top NYC performer and enthusiast of Turkish-style bellydance in exploring two gorgeous dances featuring the 9/8 rhythm, the beautiful exotic beat that adds so much to the inimitable flavor and engaging spirit of Turkish bellydance. The dances are set to two of the most popular Turkish party songs--"Rompi Rompi" and "Mastika"--long-time favorites for bellydance shows and social dancing. The versatile dance vocabulary you'll learn in this program will add sparkle to your dance--whether you dance professionally or enjoy bellydancing at social occasions.

RAMED Library--DVD and Video Materials

Catalogue Number	Format	Title	Artist/Creator	Producer/Distributor	Copyright Date	ISBN	Genre	Description
V85	DVD	Bombshell : Dramatic Makeup for the Stage, Photos, and Glamorous Occasions	Princess Farhana/Devilla	Princess Productions			Instructional	The first instructional make up DVD designed especially for dancers. This two-disc set features over three hours of easy-to-understand instruction, enabling you to create a variety of gorgeous looks for live and filmed performances, photo shoots and parties. You'll learn cosmetic techniques for everything from building a flawless base to shading and contouring, from user-friendly false eyelash application to theatrical fantasy effects. There are eight different looks presented step-by-step so you can follow along, including Smokey Eyes, Classic Pin-Up, Arabic Eyes, and Silent Movie Star. The models are real women--dancers of all ages, ethnic backgrounds and with wildly-varied features, so there's truly something for everyone!
V86	DVD	Nadia Gamal : "The Legend" (Belly Dance Archives)	Nadia Gamal	Hollywood Music Center			Performance	Most Arabs consider Nadia Gamal to be the "Queen of Belly Dance". Without a doubt, she has mastered this art through her graceful movements and emotional expressions. She carries a dialogue with her audience as well as her drummer Setrak Sarkissian. Her unique costumes range from Cabaret to Balady to Saidi. The variety of performances also include Cane Dance and Floor Work.
V87	DVD	Souher Zaki : "Sweet Star of Cairo" (Belly Dance Archives)	Souher Zaki	Hollywood Music Center			Performance	Souher Zaki epitomizes the natural baladi dancer. Anwar Sadat once called her "the Oum Kouthoum of dance". "As she sings with her voice, you sing with your body," he told her. US President Nixon named her "Zagharit" when he learned that the word referred to an expression of joy. She has received accolades and medals from the Shah of Iran, the Tunisian President and Gamal Abdel Nasser. Performed on stage in Damascus, Syria, with full Egyptian orchestra.
V88	DVD	Drum Solo Technique & Choreography with Sadie (Instructional Belly Dance Series)	Sadie Marquardt	IAMED		1-932541-38-1	Instructional	The Drum Solo is one of the most exciting portions of a Belly Dance performance--it is when the dancer can really show off her stuff! The Drum Solo showcases the Belly Dancer's technique and how creatively she can interpret the music. On this DVD, Sadie teaches a challenging drum solo that is sure to impress! Includes Drum Sounds, Drum Solo Techniques & Combinations, Drum Solo Choreography, and two performances.
V89	DVD	Bellydance Superstars	Miles Copeland	Firststars/Bellydance Superstars	2004		Performance	Shot in High Definition for super visual effect of the highest quality. Directed by Jon Brandeis, this video showcases the exceptional "Raks Sharki" dance form known as belly-dance by some of America's greatest bellydancers. Each Superstar performs twice with multiple costumes and staging. Features: Suhaila Salimpour, Jillina, Sonia, Amar Gamal, Rania, Ansuya, Rachel Brice, Tamalyn Dallal and a special performance by Dondi.
V90	DVD	Bellydance Superstars : Live in Paris at the Folies Bergere	Miles Copeland	Firststars/Bellydance Superstars	2005		Performance	Recording of the Bellydance Superstars Paris performance. Features The Bellydance Superstars, the Desert Roses, Wassan Pharaoun, and Issam Houshan.
V91	DVD	Tribal Fusion Belly Dance : Yoga, Isolations and Drills : a Practice Companion with Rachel Brice	Rachel Brice	Firststars/Bellydance Superstars	2005		Instructional	A short Yoga practice to warm up the body and strengthen your core to prepare you for Belly Dance drills. Drills include rib cage circles, basic hip and abdominal locks, 3/4 shimmy preparation, undulations down and up, hop circles, Maya and Taxim. Concludes with a chapter on Yoga for flexibility, which will open the body and make Belly Dance movements clean and concise. Useful for dancers at all levels, as it completely and safely prepares the body for many of the basic movements.
V92	DVD	Bellydance Core Fitness	Ayshe	WorldDance New York			Instructional	In our age of sedentary lifestyles and stress-induced back pain, the bellydance fitness program developed by New York dancer and dance movement researcher, Ayshe, will help you regain and maintain abdominal core awareness and strength; an important step toward healthy and graceful posture, back pain relief, and safer ways to move your body. Bellydance Core Fitness workout flows from a warmup and isolations that engage your core muscles, to dance combinations and a beautiful dance routine